

Mitja Marató la Mitja - 21k  
18-01-2026



# Joan Pau Cabañol Moyano

**Temps Oficial**  
**1:48:11**

**Temps Real**  
**1:42:17**

|                       |                  |                         |                            |                         |                       |                       |  |                          |
|-----------------------|------------------|-------------------------|----------------------------|-------------------------|-----------------------|-----------------------|--|--------------------------|
| <b>Dorsal</b><br>4546 | <b>Sexe</b><br>M | <b>Categoria</b><br>M45 | <b>Pos General</b><br>2241 | <b>Pos Sexe</b><br>2020 | <b>Pos Cat</b><br>305 |                       |  |                          |
| <b>k5</b><br>0:25:00  |                  | <b>k10</b><br>0:50:47   |                            | <b>k15</b><br>1:14:24   |                       | <b>k20</b><br>1:37:22 |  | <b>21097m</b><br>1:42:17 |

**Líders mundials en cronometratge de curses**